



DreamTeam Adventures

Bangkok Team Building Programs 2024

Waiting for your group: an exciting selection of enjoyable and effective team building events, passionately delivered to bring conferences & organizations to the next level!

TeamWork Makes the Dream Work!



It is no secret that in today's fast-paced business world companies and organizations need to nurture dynamic and motivated teams with a "Together We are Better!" mindset. Indeed, great teamwork lies at the foundation of any efforts to achieve and maintain long-term success.

For over 17 years DreamTeam Adventures has been helping groups in Phuket and throughout Thailand to optimize their teams, events and conferences – with real results that participants are inspired to bring back to the work/school place, as well as their personal lives for positive effect.



Our mission is to provide enjoyable, professional, safe and efficiently organized team building events for groups of all shapes and sizes, via personalized services few in the Kingdom can match.

To accomplish this we offer an engaging variety of team building Program Options you will see on the following pages.

Let us connect to your Team's hearts, because that's for sure where it all starts!



(click on titles for more info)



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Sporty & Adventurous Programs

A) DreamTeam Olympics



Program Summary:

If you're looking to get your group outside the meeting or class room for some fresh air, bonding, and good learning, this program will get the job done with plenty of fun!

Team skills and spirit are the name of the game during our Olympic-style competition, featuring your choice of action activities, team spirit games and problem solving initiatives. We can make the event as light or physical as you wish. The program can also be moved indoors if required.

With this program we aim to tap into your delegates' passion for being part of your organization – while reminding them of the key team skills they'll need to take home the Gold!

Team Development Benefits:

- Refreshing general team skills
- Play together, stay together
- Camaraderie & group synergy
- Passion for teamwork & company



# of Pax:	Duration:	Venue:
20-900	2-4 hr	Outdoor/Indoor

B) Survivors



Program Summary:

At a scenic jungle or beach area outside of the city we'll set up an imaginary storyline: your group's transportation has been stolen and they're 'stranded'!

In order to 'make it back to civilization' they'll need to utilize all their team skills and efficiently use resources to overcome our series of soft adventure, survivor-themed activities, plus mentally-oriented problem solving initiatives. There's even a mini-treasure hunt with cultural learning twist.

And don't let the tough name fool you, this program is designed for people of all ages and fitness levels to enjoy and learn, with the area's picture post-card nature providing a wonderful backdrop.

Team Development Benefits:

- Support, planning & execution skills
- Persistence in the face of adversity
- Team synergy & bonding
- Learning some basic survival skills



# of Pax:	Duration:	Venue:
6-200	6-8 hr	Jungle / Beach

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C) Dragon Boat Racing



Program Summary:

Dwelling somewhere in the heart of each and every one of your colleagues is the ability to achieve greatness. Give them the chance to feel the power that comes with having tried their best toward this goal, during this unforgettable event.

In addition to the main, exciting element of Dragon Boating, we will be conducting some solid team initiatives, to keep teams not racing active, so this is sure to be a very well-rounded and beneficial team development experience for your delegates.

For thousands of years, groups have been demonstrating their prowess and team skills with canoes – follow in their paddle strokes and show the world what your team is made of!

Team Development Benefits:

- Camaraderie & team bonding
- Persistence in overcoming obstacles
- Coordination & synchronicity
- Striving together to reach goals

# of Pax:	Duration:	Venue:
30-300	4-5 hr	City Lake

D) DreamXtreme Challenge



Program Summary:

Are you looking to build a team that has the skills and confidence to overcome obstacles in our formidable business world? If so this program will bring your team to new heights.

Essentially we let you choose from an exciting list of adventure & adrenaline activities, incl. Zip-lining, High Ropes Course, Building Rappel, Rock Climbing, Laser Gun, Go Karting, Mountain Biking, and Slacklining. Unsurprisingly we also work in some quality team games to increase overall takeaway.

You can select one or several activities depending on time & budget; regardless you'll have a stronger and better bonded team from the shared experience of overcoming the challenges together!

Team Development Benefits:

- Confidence in self and team
- Mental & physical support skills
- Team synergy & bonding

# of Pax:	Duration:	Venue:
6-60	4-8 hr	Off-site, various

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E) Chao Phraya River Rally



Program Summary:

An ideal way to combine team building, sightseeing and cultural learning, this is one of our signature events groups have been enjoying for well over a decade!

Our main course area will be the historic Chao Phraya River, with its dynamic mixture of historic and modern sights providing a dramatic backdrop.

Your teams of Explorers will journey to a number of Challenge Stations at famous venues, where they'll need to complete a variety of stimulating Team Tasks, including light games, bonding activities, plus cultural learning and interaction.

There's something for just about everyone in this time-tested, exciting event, so come join us for fun and adventure on the mighty River of Kings!

Team Development Benefits:

- Reinforcing general team skills
- Getting to know each other better
- Cultural learning & interaction
- Time Management



# of Pax:	Duration:	Venue:
9-120	~4-5 hr	Off-site, various

F) Bangkok Discovery Challenge



Program Summary:

Quite similar to our 'Chao Phraya River Rally' but this version utilizes the city's modern SkyTrain BTS system to move teams through the course area.

At each Discovery Station they visit your Urban Adventurers will face several Team Tasks, involving light problem solving initiatives and culturally oriented learning, while interacting with local people and of course each other.

Like all of our events, the program is run under a strong umbrella of team concepts and bonding so it's a great mix of fun and development.

Along the way your delegates are sure to discover more about this dynamic destination – and their Team as well.

Team Development Benefits:

- Reinforcing general team skills
- Getting to know each other better.
- Cultural learning & interaction



# of Pax:	Duration:	Venue:
9-200	~4-5 hr	Off-site, various

G) National Treasure Hunt



Program Summary:

This program is ideal for groups who would prefer a lighter adventure, while developing their team and learning about Thailand's history and wonderful culture at the same time.

The event is an especially convenient option during the wetter season as most everything takes place under cover at a scenic palace museum set in a lush tropical garden.



The tranquil venue is typically not crowded, so teammates can focus on each other and the activities at hand.

Light team games, stimulating mental challenges and cultural enlightenment await your group – let's see if your teams can find their way through history by working together!

Team Development Benefits:

- Refreshing general team skills
- Cultural & historical learning
- Team bonding & synergy
- Cooperative & creative skills

# of Pax:	Duration:	Venue:
9-60	~4 hr	Local Museum

H) Walkabout Adventure Bangkok



Program Summary:

This program format is set up along the lines of a scavenger hunt-type event, though we have enhanced it by incorporating a good variety of 'Team Tasks' they must try to complete by working together during their local Bangkok adventure.

Their list of Team Tasks will include finding various items or places, taking team photos, purchasing items, as well as mini problem-solving activities and cultural learning challenges.

Your Explorers will need to use all of their resources, including strategizing, creative thinking, common sense, and cooperative skills if they want to make it through the challenge and show their exceptional teamwork.

Team Development Benefits:

- Enhancing general team skills
- Time & resource management
- Team bonding & cultural learning



# of Pax:	Duration:	Venue:
9-90	2-4 hr	Hotel environs

Creative & Cultural Programs

I) Iron Chefs of Thailand



Program Summary:

This is a take-off from the popular TV program, and it's just as fast-paced and enjoyable with something for everyone to do. Note this is actually a well-rounded training event and competition, not a cooking class.

During the event the teams will need to achieve several objectives, including preparing some delicious Thai cuisine, creating a beautiful table setting to display their sample dishes, as well as completing a few activities to acquire supplies and market shopping funds.

It's tasty team building action and the results are usually fantastic! If you're on a tight schedule we have a shorter *Delicious Thai Desserts* event that's also great fun.

Team Development Benefits:

- Cultural learning
- Roles & responsibilities
- Leadership, planning & support
- Creativity & team spirit



# of Pax:	Duration:	Venue:
9-120	2-4 hr	On-site or off-site

J) The Big Picture



Program Summary:

Does the left foot always know what the right foot is doing in your organization? Does it even care? This program is a great way to remind your delegates of how vital it is to look at the 'Big Picture' as your teams strive for true success.

But note this is no easy 'paint by numbers' exercise – in fact only a few people on each team can even see what their team is supposed to be painting and they can only verbally relay this info to their teammates.

As such there is a significant communication challenge to the event.

This process is always a fun and very effective way to reinforce the crucial concept of 'One team, One Dream!'.

Team Development Benefits:

- Communication & trust
- Ability to perform with little info
- Execution under time pressure



# of Pax:	Duration:	Venue:
12-800	3-4 hr	Indoor / Covered

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Creative & Cultural Programs

K) Video Making Adventures



Program Summary:

Lights, cameras, action! After some fun group warm-up activities and supply earning games, the teams will be briefed that they need to create a short video presentation related to your organization's products, services or goals (or can be just for fun too).

The teams will need to brainstorm ideas, delegate roles, source and scavenge for props, then work together to make an entertaining 2-3 min. video which will be judged for creativity, content, style, and of course, team spirit.

The presentation and judging of videos can be at the end of the event if time, or during a subsequent meeting or dinner, and we've seen some very entertaining and impressive results over the years!

Team Development Benefits:

- Refreshing general team skills
- Leadership, creativity & coordination
- Importance of roles & responsibilities
- Sales & Marketing skills



We have a vast network of global markets. It's just a phone call away!

# of Pax:	Duration:	Venue:
9-90	3-4 hr	Hotel & environs

L) Amazing Thai Cultural Challenge



Program Summary:

Combining solid team games and cultural learning, this event is also a great indoor option, especially during the city's wetter green season.

After a few stimulating activities to refresh some core team concepts, sub-groups of teams will rotate through three Cultural Learning Stations instructed by pros: Muay Thai Boxing, Thai Dancing, and Sontam ('Spicy Papaya Salad') Making.

The teams will then be tasked with creating their own synergized 'Team Cultural Performances' showcasing the skills they just learned. The result is an exciting, climactic competition for everyone's inspiration and energizing entertainment.

Team Development Benefits:

- Cultural learning
- Planning, leadership & creativity
- Team bonding & synergy



# of Pax:	Duration:	Venue:
9-200	~2-4 hr	Indoor / Covered

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M) Team Recharge



Program Summary:

Just like our phones, every team needs to recharge its batteries on a regular basis. This is a traditional-style team building event with a simple but very effective formula: presenting your group with a series of stimulating and fun activities that refresh fundamental team concepts they need for success.

The program normally features a nice variety of team spirit games and more mentally-oriented problem solving initiatives, with emphasis on the latter. We can suggest a set of activities or let you choose from our extensive list.

Facilitated de-briefing sessions after each activity are usually a key part of this program – let us know your main objectives and we'll set up the program accordingly to best meet your needs.

Team Development Benefits:

- Reinforcing a variety of team skills
- Relating game dynamics to work
- Team synergy & bonding
- Getting to know each other better



# of Pax:	Duration:	Venue:
6-600	2-4 hr	Indoor / Outdoor

N) Domino Dynamics



Program Summary:

When even one part of the team isn't on the same page as the rest it can easily have a domino effect on an organization's success, which is well-symbolized in this enjoyable challenge.

The teams will need to earn their basic supplies by completing our fun problem solving initiatives, then the creative process really starts: under time pressure, each team will need to brainstorm and come up with the most impressive domino design they can.

Just like in the workplace, precision team work is essential for success. We hope to hear more cheers of delight than cries of "Oh no!" during your laughter-filled event.

Team Development Benefits:

- Innovation for long-term success
- Resource utilization
- Roles & responsibilities
- Chain is only as strong as each link



# of Pax:	Duration:	Venue:
9-90	3-4 hr	Indoor / Covered

O) Weird Science



Program Summary:

This event is sure to bring your delegates back to their childhood days, when being innovative while working together with our friends just came naturally!

After energizing Intro and Icebreaker segments, the teams will need to complete a few problem-solving games to earn their science supplies.

Then the excitement really begins, as the team race to complete a series of seemingly impossible scientific experiments under time pressure.

They'll need all of their creative and cooperative skills to come out on top during this zany, laughter-filled event!

Team Development Benefits:

- Ingenuity & planning
- Overcoming obstacles in our way
- Team spirit & bonding
- Laughing and learning together



# of Pax:	Duration:	Venue:
9-90	2-4 hr	Indoor / Covered

P) Dancing with DreamTeam



Program Summary:

For literally thousands of years human beings have used the art of dance as a way to bond and entertain themselves. To this day it remains one of the most basic and moving demonstrations of positive team work in society.

While fun icebreakers, energizers and team games feature in this event, coming up with their own synergized Team Dance Performances is the main focus of our time together.

We're not expecting overly complex pro routines – good coordination, timing, and team spirit are most important in the judging. We can set the genre, e.g. Bollywood, Disco, Break dance, etc. or give them free choice. Let's see how inspiring your teams can be!

Team Development Benefits:

- Creativity
- Synergized coordination
- Team spirit & bonding



# of Pax:	Duration:	Venue:
12-200	2-4 hr	Indoor / Outdoor

Q) Goodwill Games & Friendship Day CSR



Program Summary:

Conducting meaningful and well-organized CSR programs is one of our specialties for well over a decade. They're a great way to give back to society, because they involve the future: our children.

We liaise with local orphanages and disadvantaged schools to bring in deserving groups of local kids who are super eager to make friends, play and learn alongside your delegates.



Besides team games for both sides' learning, there are cultural exchange activities and facility improvement efforts so there's something for everyone. This is one of the very few programs where it's not uncommon to see some wet eyes when we say goodbye to new friends, great stuff!

Team Development Benefits:

- Satisfaction of helping others
- Reinforcement of general team skills
- Bonding & pride in company
- Making & inspiring new friends

# of Pax:	Duration:	Venue:
9-300	4-5 hr	On-site / Off-site

R) Wheels of Hope Bicycle CSR



Program Summary:

Do you remember how happy you were when you got a new bike as a kid? Let's help some lovely local children have that same awesome feeling!

First we'll take the group through some appropriate icebreakers and energizers. Then after completing a series of fun games that emphasize learning, teamwork, and cultural exchange, your delegates and local young team mates will work together to make the bicycles.



It's very moving to see the positive interactions and dynamics going on during the above processes, this is surely an event that your delegates will long remember, while making them proud to be part of your team.

Team Development Benefits:

- Satisfaction of helping others
- Reinforcement of general team skills
- Bonding & pride in company
- Making & inspiring new friends

# of Pax:	Duration:	Venue:
9-200	4-5 hr	On-site / Off-site

S) Eco-Olympics CSR



Program Summary:
For groups looking to direct their hands-on CSR efforts toward helping the environment, this program is ideal because we make it fun and meaningful!

Half the program's activities consist of fun & beneficial team games, the other half is dedicated toward environmental activities, including area clean-up, mangrove or coconut tree planting, and releasing of baby fish.



We can conduct the program with just your group, or even better we can bring in some kids from a local disadvantaged school to play and learn together!

The process provides a moving model for how we need to work together on a global scale to protect the environment for current and future generations.

Team Development Benefits:

- Enhancing general team skills
- Joy of helping others
- Bonding & pride in company
- Showing the community you care

# of Pax:	Duration:	Venue:
9-200	5-6 hr	Off-site

T) Bangkok Care Package CSR



Program Summary:
This CSR program is a fantastic way to both give back to the world community, while also bonding your team and letting them know they work for an organization that truly Cares.

After briefings, energizers, and earning some basic supplies & shopping money, it's off to a local market for a cultural experience finding, buying, and packaging the items on their list. When finished, we will make our way to either a disadvantaged community or local orphanage for a presentation ceremony.

Your efforts will surely be appreciated by the worthy recipients of this hands-on effort to help those in greater need – it's a team building program your group will never forget!



Team Development Benefits:

- Camaraderie through caring
- Cooperative and support skills
- Bonding & pride in company

# of Pax:	Duration:	Venue:
15-200	4 hr	Off-site, various

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Breakouts & Evening Programs

U) Meeting & Dinner Enhancers



Program Summary:

Need a breakout session to re-energize your group during tough meetings? Or maybe you want turn an otherwise possibly ho-hum dinner into an enjoyable and beneficial opportunity to develop your team.

Lighter in nature, our 'Meeting & Dinner Enhancer' team games are ideal in either situation. With our usual passion and efficiency we'll deliver a set of activities that will add zest to any aspect of your conference. Even just 30 min. of team building is better than no team building!

Note that for groups who book dinner events our Program Leader will usually offer complimentary emcee services for your whole evening affair if requested.

Team Development Benefits:

- Refreshing general team concepts
- Strategizing & execution
- Team bonding & synergy



# of Pax:	Duration:	Venue:
9-90	30 min-1 hr	Anywhere

V) We are the Stars



Program Summary:

This event combines Dinner Enhancer type activities with Team Performances that will bring some spice and learning to any evening proceedings.

For the Team Performances we can set the criteria, for example 'Company Commercials', or give them free reign to choose whatever they want to do, such as singing, dancing, acting, etc.

We can inform them about the Team Performances during the dinner itself, or you can announce it at the beginning of your conference to give them more time to prepare and practice. Either way, you can assuredly look forward to an outcome none of your delegates will call another boring dinner!

Team Development Benefits:

- Refreshing general team concepts
- Creativity and coordination
- Team bonding & synergy



# of Pax:	Duration:	Venue:
9-90	~2 hr	Any dinner place

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Breakouts & Evening Programs

W) 2 Minutes to Win It!



Program Summary:

Based on the popular TV show this event is a proven formula for fun, learning and laughter!

Though we give them a longer time so as to accommodate more team member participation, the action is quite similar: efficiently complete the presented challenges while under time pressure! The teams will need to balance speed and quality during each challenge, just like in the workplace.

The event is suitable as both a breakout from meetings or as a way to add some energy and excitement to your dinner program. Like most of our programs, laughter is an inevitable result as the teams naturally push themselves to achieve success.

Team Development Benefits:

- Coordination & execution
- Quick analysis of challenges
- Performing under time pressure
- Reinforcing crucial team concepts



# of Pax:	Duration:	Venue:
9-90	30 min-1 hr	Anywhere

X) Health & Well-being Sessions



Program Summary:

Without question there is a definite correlation between the mental and physical health of our team members and their performance. This is even more true in positions of high responsibility and leadership. Strong minds and bodies are better prepared to handle the stress and pressures often associated with such roles.

With the above in mind we offer this program to both re-energize your delegates during conferences and to consider when back home as part of their holistic career development.

We can offer such activities as Yoga, Water Aerobics, Zumba, Thai Boxing & Dancing, Calisthenics, Slacklining, and Meditation, all by dynamic instructors.

Team Development Benefits:

- Fitness for top performance
- Re-energized mindset & stress relief
- Camaraderie and team synergy



# of Pax:	Duration:	Venue:
15-300	30 min-2 hr	Anywhere

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Together Everyone Achieves More!

All DTA Programs include the following standard features:

- Experienced, dynamic Expat Program Leaders who will engage your group!
- Enthusiastic, English-speaking Facilitators.
- Water, 1st Aid, sunscreen, mosquito spray.
- Insurance & 'Safety Paramount' mind set.
- Prizes for the best performing team.

Optional Services:

- Professional Photographer / Videographer.
- Offsite Lunches & Dinners before, during or after team building events.
- R/T Transfers to suitable off-site park, jungle or beach area if required.
- Experienced Emcee for Gala Dinners & other events.

In addition to the fun variety of programs listed on our current [Main Menu](#), we do have other events we can conduct, such as treasure/photo hunts, team drumming, eco-fashion shows, world record attempts, etc. Also, if you have other team building ideas or needs not listed here just let us know and we'll do our best to accommodate your wishes.

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